

## STI SPECIMEN COLLECTION INSTRUCTIONS

### MATERIALS PROVIDED

- 1 sterile urine collection cup
- 1 molecular transport medium (MTM)
- 1 biohazard bag
- 1 sterile plastic transfer pipette

*To request additional supplies, contact Customer Care at (951) 791-4264*

## SPECIMEN COLLECTION

To ensure safety and validity of the sample it is important to follow these instructions.

### NON-CLEAN-CATCH URINE COLLECTION PROCEDURE

A first morning sample or sample collected more than 1 - 2 hours since prior urination maximizes the sensitivity of detection for urinary system pathogens.

### Patient Instructions

1. Wash hands thoroughly with warm water and soap.
2. Make sure the container is labeled with your name and date of birth.
3. Open the urine specimen cup. Avoid touching the inside of the cup.

#### Females:

Holding labia apart, collect the first 10-15 ml urine into sterile urine cup.

Tightly screw the lid of the urine specimen cup back on without touching the inside and set it aside and return to the clinician.

#### Males:

Retract the foreskin (if necessary) from the urinary tract opening and collect the first 10-15 ml urine into sterile urine cup.

Tightly screw the lid of the urine specimen cup back on without touching the inside and set it aside. Return to the clinician upon completion.

### Clinical Technician Instructions

1. Don gloves.
2. Open the urine collection cup, molecular transport tube, and the sterile plastic transfer pipette.
3. Using the pipette, stir the urine 10-15 times to mix the sample.
4. Transfer exactly 1 mL of urine from the collection cup to the molecular transport medium (MTM).
5. Securely tighten the cap of the MTM.
6. Keep the tube in an upright position for 10-15 minutes.