

## URINARY TRACT SPECIMEN COLLECTION INSTRUCTIONS

### MATERIALS PROVIDED

- 1 Sterile urine collection cup
- Vacutainer urine tube<sup>®</sup> C&S Preservative (gray top)
- Castile Soap Towelette
- Biohazard bag

To request additional supplies, contact Customer Care at (800) 249-9478

### SPECIMEN COLLECTION

To ensure safety and viability of the sample, it is important to follow the instructions provided below.

#### CLEAN-CATCH PROCEDURE

A first morning sample collected longer than 1 - 2 hours since prior urination maximizes sensitivity of detecting urinary system pathogens.

#### PATIENT INSTRUCTIONS

1. Wash your hands thoroughly with soap and water.
2. Make sure the container is labeled with your name and date of birth
3. Open specimen cup. Avoid touching the inside of the cup.  
**Females:**  
Separate the skin folded around the urinary tract opening then clean the genital area with a Castile soap wipe.  
**Males:**  
Retract the foreskin (if necessary) from the urinary tract opening then clean the genital area with a Castile soap wipe.
4. Urinate into the toilet for a few seconds and then stop the urine flow briefly.
5. Place the sterile urine collection container under the stream of urine and resume urinating to collect the sample.
6. Finish urinating into the toilet.
7. Tightly screw the lid of the urine specimen cup back on without touching the inside and set it aside.